



PE and Games

Physical Education and Games are an important part of the school curriculum. All children are expected to take part in two PE sessions per week, unless there are special circumstances. All children are encouraged to participate in a wide range of physical activities to the best of their ability. They are taught why exercise is important and how they should maintain a healthy lifestyle.

Building on their enthusiasm for movement Key Stage 1 children begin to work with others in pairs and small groups. By listening, watching and experimenting with movement and ideas they develop their skills co-ordination and ball and racket skills. In Key Stage 2, children learn new skills, find out how to use them in different ways, and link them to make actions, phrases and sequences of movement. Children are encouraged to enjoy both collaborating and competing with each other, learning how to evaluate and recognise their own and others' success.

Children in KS2 participate in swimming lessons at William Brookes Leisure Centre. The aim is for them to be able to swim 25m before leaving Primary School. These lessons usually take place in the Summer term.

Competitive sports are encouraged with children participating against each other, against other local schools and in area tournaments in School teams.

We offer a range of extra-curricular activities that are usually held after school. In the past year there has been a netball club, a football club, multi-skills and a dance club. In 2013 we introduced Aikido club. Some clubs are run by outside providers for which there is a charge.